



Tools For Action

A sample of physical education initiatives in Wisconsin

Indoor Recess... What do we do?

Contact Information

Main Contact Person
Patti Abraham
Title of Main Contact
Physical Education Educator
School Name
Sand Lake Elementary
School District Name
Holmen
Contact Phone Number
(608)781-0974 ext 3513
Contact Email Address
Patti Abraham

Program Information

Program Name
Indoor Recess... What do we do?
Program Category
Assisting with structure for indoor recess
Grade Level
K-2; 3-5
Assessment Method

Program Information

Products Developed or Materials Used:

* Slide show * PE brochure

Program Description:

Collaboration with the school's PTG (Parent Teacher Group) in purchasing equipment that gives structure for indoor recess. PTG provides the fund, physical education class gives initial instruction. Equipment like stacking cups, and desktop orienteering have been added to indoor recess.

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

<http://dhfs.wisconsin.gov/health/physicalactivity/>

or contact staff at: Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)

Morgajg@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)

Pesikme@dhfs.state.wi.us (Mary Pesik, Program and Grant Coordinator)



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Program Information

Program Name
Slide Shows
Program Category
Use of technology
Grade Level
3-5
Assessment Method
No formal assessment

Program Information

Products Developed or Materials Used:

* Slide show * PE brochure

Program Description:

Back to School Night A slide show of the previous school year physical education activities can be watched by parents/guardians/visitors in the school commons through the night. Also copies of the PE school brochure are distributed.

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